


# August 2020 Assisted Living Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>August cont'd</b> <b>30</b> 9:00 🦋 <b>Catholic Mass [LR1]</b> 10:00 🦋 <b>Thoughts of Gratitude [LR1]</b> 10:30 🦋 <b>Sit &amp; Be Fit [LR1]</b> 11:00 🦋 <b>Current Events [LR1]</b> 1:00 🦋 <b>Historical Video..... [LR1]</b> 2:00 🦋 <b>Trivia [LR1]</b> 3:00 🦋 <b>Sing a Long [LR1]</b> 4:00 🦋 <b>Bowling [LR1]</b>	<b>31</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 9:30 🦋 <b>Juice &amp; Chat [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Finish the Phrase [LR1]</b> 1:00 🦋 <b>Nature Video [LR1]</b> 2:00 🦋 <b>Bingo [LR1]</b> 3:00 🦋 <b>Yoga [LR1]</b> 3:30 🦋 <b>Games of Your Choice [LR1]</b> 4:30 🦋 <b>Music of Your Choice [LR1]</b>	 <b>Assisted Living &amp; Memory Care</b> <b>Connected</b> <b>Emotional</b> <b>Intellectual</b> <b>Physical</b> <b>Purposeful</b> <b>Social</b> <b>Spiritual</b>	<b>Location Keys</b> Garden G Living Room 1st Floor LR1 Living Room 2nd Floor LR2			<b>1</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Conversations [LR1]</b> 1:00 🦋 <b>Nature Video</b> 1:30 🦋 <b>Famous Composers &amp; Their Music [LR1]</b> 2:30 🦋 <b>Gardening [G]</b> 3:00 🦋 <b>Saturday Matinee [LR1]</b>
<b>2</b> 9:00 🦋 <b>Catholic Mass [LR1]</b> 10:00 🦋 <b>Thoughts of Gratitude [LR1]</b> 10:30 🦋 <b>Sit &amp; Be Fit [LR1]</b> 11:00 🦋 <b>Current Events [LR1]</b> 1:00 🦋 <b>Historical Video..... [LR1]</b> 2:00 🦋 <b>Trivia [LR1]</b> 3:00 🦋 <b>Sing a Long [LR1]</b> 4:00 🦋 <b>Bowling [LR1]</b>	<b>3</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 9:30 🦋 <b>Juice &amp; Chat [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Finish the Phrase [LR1]</b> 1:00 🦋 <b>Nature Video [LR1]</b> 2:00 🦋 <b>Bingo [LR1]</b> 3:00 🦋 <b>Yoga [LR1]</b> 3:30 🦋 <b>Games of Your Choice [LR1]</b> 4:30 🦋 <b>Music of Your Choice [LR1]</b>	<b>4</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 9:30 🦋 <b>Juice &amp; Chat [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Sing a Long [LR1]</b> 1:30 🦋 <b>Linked/Senior W/ iPads [LR1]</b> 2:30 🦋 <b>Ice Cream Social</b> 3:00 🦋 <b>Where in the World? [LR1]</b> 3:30 🦋 <b>Yoga [LR1]</b> 4:00 🦋 <b>History of the of California [LR1]</b>	<b>5</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 9:30 🦋 <b>Juice &amp; Chat [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Games of Your Choice [LR1]</b> 1:30 🦋 <b>Arts &amp; Crafts [LR1]</b> 2:30 🦋 <b>Bingo</b> 3:30 🦋 <b>Yoga [LR1]</b> 4:00 🦋 <b>Music of Julie Andrews [LR1]</b>	<b>6</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 9:30 🦋 <b>Juice &amp; Chat [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Funny Pet Videos [LR1]</b> 1:30 🦋 <b>Bowling [LR1]</b> 2:30 🦋 <b>Yoga [LR1]</b> 3:00 🦋 <b>Sing Fit</b> 4:00 🦋 <b>Where Should We Go? [LR1]</b> 5:00 🦋 <b>Evening Movie [LR1]</b>	<b>7</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Trivia [LR1]</b> 1:30 🦋 <b>Sing Fit [LR1]</b> 3:00 🦋 <b>Happy Hour [LR1]</b> 4:00 🦋 <b>Story Telling [LR1]</b> 05:00 🦋 <b>Evening Movie [LR1]</b>	<b>8</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Conversations [LR1]</b> 1:00 🦋 <b>Nature Video</b> 1:30 🦋 <b>Famous Composers &amp; Their Music [LR1]</b> 2:30 🦋 <b>Gardening [G]</b> 3:00 🦋 <b>Saturday Matinee [LR1]</b>
<b>9</b> 9:00 🦋 <b>Catholic Mass [LR1]</b> 10:00 🦋 <b>Thoughts of Gratitude [LR1]</b> 10:30 🦋 <b>Sit &amp; Be Fit [LR1]</b> 11:00 🦋 <b>Current Events [LR1]</b> 1:00 🦋 <b>Historical Video..... [LR1]</b> 2:00 🦋 <b>Trivia [LR1]</b> 3:00 🦋 <b>Sing a Long [LR1]</b> 4:00 🦋 <b>Bowling [LR1]</b>	<b>10</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 9:30 🦋 <b>Juice &amp; Chat [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Finish the Phrase [LR1]</b> 1:00 🦋 <b>Nature Video [LR1]</b> 2:00 🦋 <b>Bingo [LR1]</b> 3:00 🦋 <b>Yoga [LR1]</b> 3:30 🦋 <b>Games of Your Choice [LR1]</b> 4:30 🦋 <b>Music of Your Choice [LR1]</b>	<b>11</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 9:30 🦋 <b>Juice &amp; Chat [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Sing a Long [LR1]</b> 1:30 🦋 <b>Linked/Senior W/ iPads [LR1]</b> 2:30 🦋 <b>Ice Cream Social</b> 3:00 🦋 <b>Where in the World? [LR1]</b> 3:30 🦋 <b>Yoga [LR1]</b> 4:00 🦋 <b>History of the of California [LR1]</b>	<b>12</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 9:30 🦋 <b>Juice &amp; Chat [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Games of Your Choice [LR1]</b> 1:30 🦋 <b>Arts &amp; Crafts [LR1]</b> 2:30 🦋 <b>Bingo</b> 3:30 🦋 <b>Yoga [LR1]</b> 4:00 🦋 <b>Music of Patty Paige [LR1]</b>	<b>13</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 9:30 🦋 <b>Juice &amp; Chat [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Funny Pet Videos [LR1]</b> 1:30 🦋 <b>Bowling [LR1]</b> 2:30 🦋 <b>Chef's Corner ~ Crepes Suzette ~ Dining Room [LR1]</b> 2:30 🦋 <b>Yoga [LR1]</b> 3:00 🦋 <b>Sing Fit</b> 4:00 🦋 <b>Where Should We Go? [LR1]</b> 5:00 🦋 <b>Evening Movie [LR1]</b>	<b>14</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Trivia [LR1]</b> 1:30 🦋 <b>Sing Fit [LR1]</b> 3:00 🦋 <b>Happy Hour [LR1]</b> 4:00 🦋 <b>Music W/Margaret &amp; Kristoph [LR1]</b> 05:00 🦋 <b>Evening Movie [LR1]</b>	<b>15</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Conversations [LR1]</b> 1:00 🦋 <b>Nature Video</b> 1:30 🦋 <b>Famous Composers &amp; Their Music [LR1]</b> 2:30 🦋 <b>Gardening [G]</b> 3:00 🦋 <b>Saturday Matinee [LR1]</b>
<b>16</b> 9:00 🦋 <b>Catholic Mass [LR1]</b> 10:00 🦋 <b>Thoughts of Gratitude [LR1]</b> 10:30 🦋 <b>Sit &amp; Be Fit [LR1]</b> 11:00 🦋 <b>Current Events [LR1]</b> 1:00 🦋 <b>Historical Video..... [LR1]</b> 2:00 🦋 <b>Trivia [LR1]</b> 3:00 🦋 <b>Sing a Long [LR1]</b> 4:00 🦋 <b>Bowling [LR1]</b>	<b>17</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 9:30 🦋 <b>Juice &amp; Chat [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Finish the Phrase [LR1]</b> 1:00 🦋 <b>Nature Video [LR1]</b> 2:00 🦋 <b>Bingo [LR1]</b> 3:00 🦋 <b>Yoga [LR1]</b> 3:30 🦋 <b>Games of Your Choice [LR1]</b> 4:30 🦋 <b>Music of Your Choice [LR1]</b>	<b>18</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 9:30 🦋 <b>Juice &amp; Chat [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Sing a Long [LR1]</b> 1:30 🦋 <b>Linked/Senior W/ iPads [LR1]</b> 2:30 🦋 <b>Ice Cream Social</b> 3:00 🦋 <b>Where in the World? [LR1]</b> 3:30 🦋 <b>Yoga [LR1]</b> 4:00 🦋 <b>History of the of California [LR1]</b>	<b>19</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 9:30 🦋 <b>Juice &amp; Chat [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Games of Your Choice [LR1]</b> 1:30 🦋 <b>Arts &amp; Crafts [LR1]</b> 2:30 🦋 <b>Bingo</b> 3:30 🦋 <b>Yoga [LR1]</b> 4:00 🦋 <b>Music of Dinah Shore [LR1]</b>	<b>20</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 9:30 🦋 <b>Juice &amp; Chat [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Funny Pet Videos [LR1]</b> 1:30 🦋 <b>Bowling [LR1]</b> 2:30 🦋 <b>Yoga [LR1]</b> 3:00 🦋 <b>Sing Fit</b> 4:00 🦋 <b>Where Should We Go? [LR1]</b> 5:00 🦋 <b>Evening Movie [LR1]</b>	<b>21</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Trivia [LR1]</b> 1:30 🦋 <b>Sing Fit [LR1]</b> 3:00 🦋 <b>Happy Hour [LR1]</b> 4:00 🦋 <b>Story Telling [LR1]</b> 05:00 🦋 <b>Evening Movie [LR1]</b>	<b>22</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Conversations [LR1]</b> 1:00 🦋 <b>Nature Video</b> 1:30 🦋 <b>Famous Composers &amp; Their Music [LR1]</b> 2:30 🦋 <b>Gardening [G]</b> 3:00 🦋 <b>Saturday Matinee [LR1]</b>
<b>23</b> 9:00 🦋 <b>Catholic Mass [LR1]</b> 10:00 🦋 <b>Thoughts of Gratitude [LR1]</b> 10:30 🦋 <b>Sit &amp; Be Fit [LR1]</b> 11:00 🦋 <b>Current Events [LR1]</b> 1:00 🦋 <b>Historical Video..... [LR1]</b> 2:00 🦋 <b>Trivia [LR1]</b> 3:00 🦋 <b>Sing a Long [LR1]</b> 4:00 🦋 <b>Bowling [LR1]</b>	<b>24</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 9:30 🦋 <b>Juice &amp; Chat [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Finish the Phrase [LR1]</b> 1:00 🦋 <b>Nature Video [LR1]</b> 2:00 🦋 <b>Bingo [LR1]</b> 3:00 🦋 <b>Yoga [LR1]</b> 3:30 🦋 <b>Games of Your Choice [LR1]</b> 4:30 🦋 <b>Music of Your Choice [LR1]</b>	<b>25</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 9:30 🦋 <b>Juice &amp; Chat [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Sing a Long [LR1]</b> 1:30 🦋 <b>Linked/Senior W/ iPads [LR1]</b> 2:30 🦋 <b>Ice Cream Social</b> 3:00 🦋 <b>Where in the World? [LR1]</b> 3:30 🦋 <b>Yoga [LR1]</b> 4:00 🦋 <b>History of the of California [LR1]</b>	<b>26</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 9:30 🦋 <b>Juice &amp; Chat [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Games of Your Choice [LR1]</b> 1:30 🦋 <b>Arts &amp; Crafts [LR1]</b> 2:30 🦋 <b>Bingo</b> 3:30 🦋 <b>Yoga [LR1]</b> 4:00 🦋 <b>Music of Julie London [LR1]</b>	<b>27</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 9:30 🦋 <b>Juice &amp; Chat [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Funny Pet Videos [LR1]</b> 1:30 🦋 <b>Bowling [LR1]</b> 1:30 🦋 <b>Resident Food Meeting &amp; Resident Council Meeting [LR2]</b> 2:30 🦋 <b>Chef's Corner ~ Chocolate Mousse ~ Dining Room [LR1]</b> 2:30 🦋 <b>Yoga [LR1]</b> 3:00 🦋 <b>Sing Fit</b> 4:00 🦋 <b>Where Should We Go? [LR1]</b> 5:00 🦋 <b>Evening Movie [LR1]</b>	<b>28</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Trivia [LR1]</b> 1:30 🦋 <b>Sing Fit [LR1]</b> 3:00 🦋 <b>Happy Hour [LR1]</b> 4:00 🦋 <b>Music W/Margaret &amp; Kristoph [LR1]</b> 05:00 🦋 <b>Evening Movie [LR1]</b>	<b>29</b> 9:00 🦋 <b>Sit &amp; Be Fit [LR1]</b> 10:00 🦋 <b>Current Events [LR1]</b> 11:00 🦋 <b>Conversations [LR1]</b> 1:00 🦋 <b>Nature Video</b> 1:30 🦋 <b>Famous Composers &amp; Their Music [LR1]</b> 2:30 🦋 <b>Gardening [G]</b> 3:00 🦋 <b>Saturday Matinee [LR1]</b>